



**SPORTS
MEDICINE
CONSULTATION**

ULTRASOUND



CLASSIFICATION



ECCENTRIC



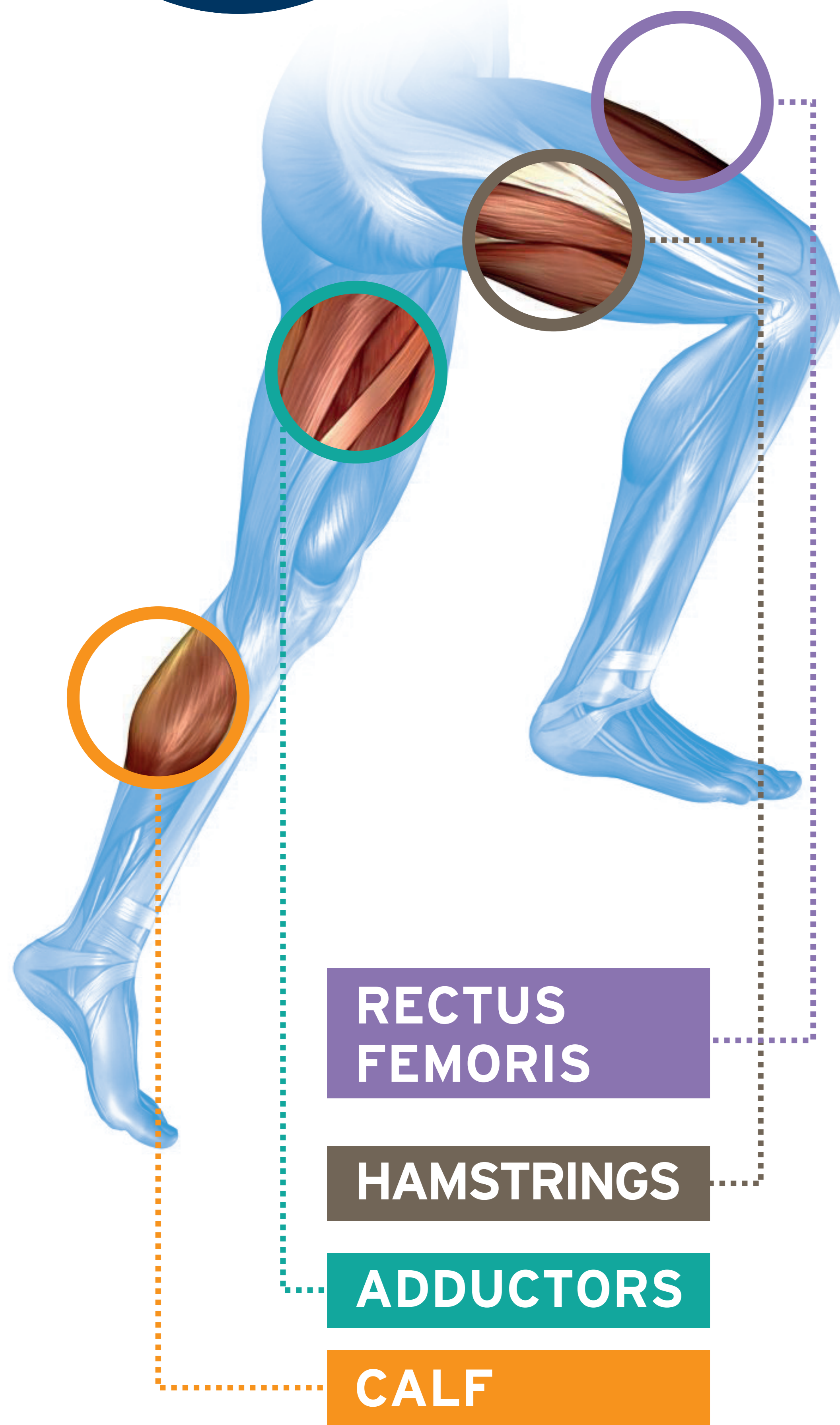
NEUROKINEMATICS



MEASUREMENTS



ON FIELD REHABILITATION



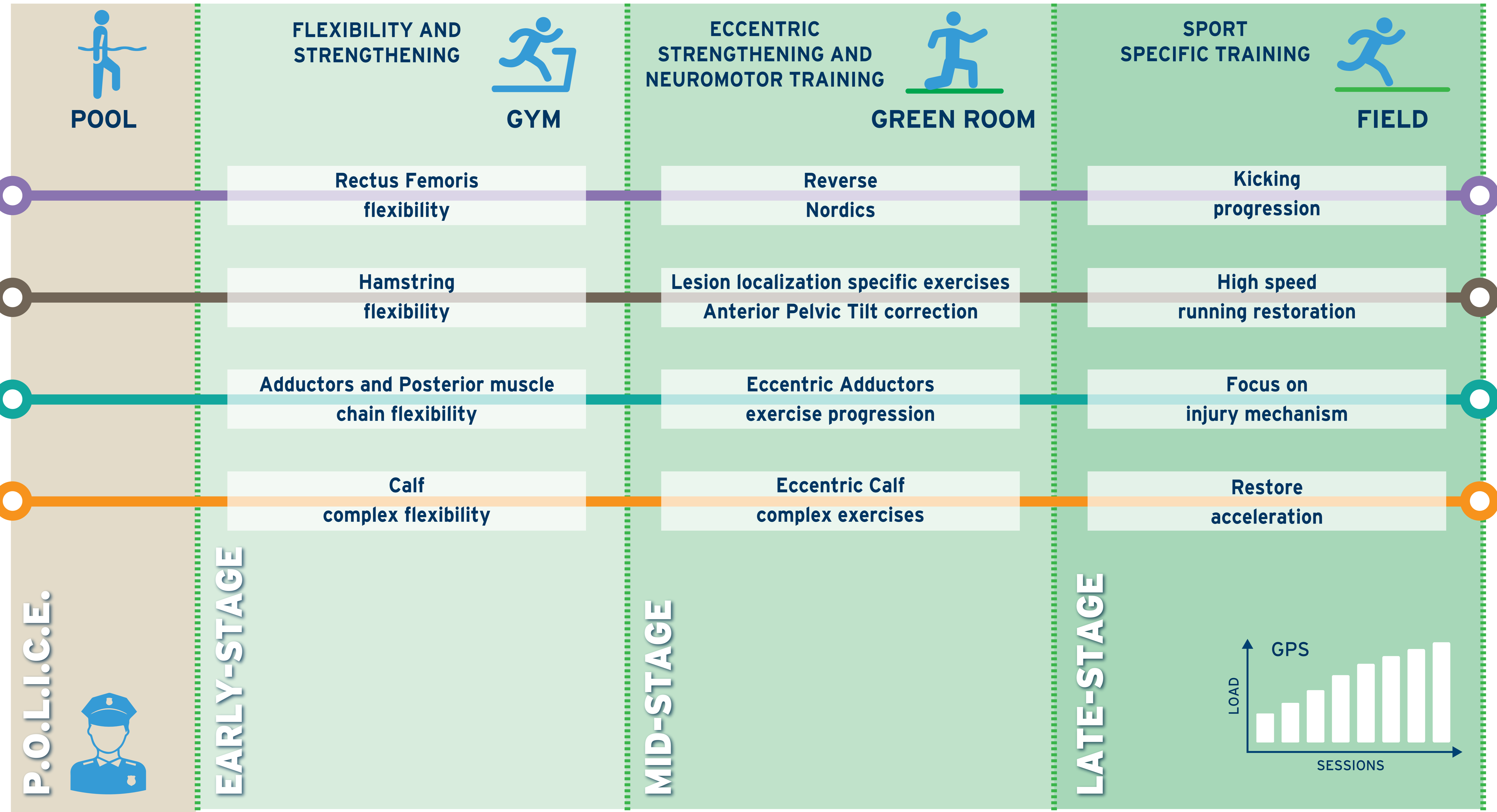
RECTUS FEMORIS

HAMSTRINGS

ADDUCTORS

CALF

STRUCTURAL MUSCLE INJURY



P.O.L.I.C.E.



EARLY-STAGE

MID-STAGE

LATE-STAGE

RETURN TO SPORT



WALKING WITHOUT DISCOMFORT



JOGGING WITHOUT DISCOMFORT

DOMAINS:

- ✓ Patients pain or discomfort during exercises
- ✓ Flexibility test
- ✓ Functional test



RUNNING WITHOUT DISCOMFORT

DOMAINS:

- ✓ Patients pain or discomfort during exercises
- ✓ Flexibility test
- ✓ Functional test



DOMAINS:

- ✓ Patients pain or discomfort during exercises
- ✓ Flexibility test
- ✓ Functional test
- ✓ GPS metrics



**Lower Limb
MUSCLE
INJURY
IDEAL PATHWAY**

